



The Big Salute **Mile-a-thon**



**Thursday 26th September
to Thursday 3rd October**

Support armed forces charities by running, walking, cycling, rowing or in your own unique way between BFBS Brunei and BFBS Canada – 7,635 miles – and raise funds for the Big Salute.

Submit your mileage to bfbs.com/bigsalute by
Thursday 3rd October

For more information and to donate go to [**bfbs.com/bigsalute**](https://bfbs.com/bigsalute)